



University of Ljubljana
Faculty of Sport



STUDY AT UNIVERSITY OF LJUBLJANA FACULTY OF SPORT

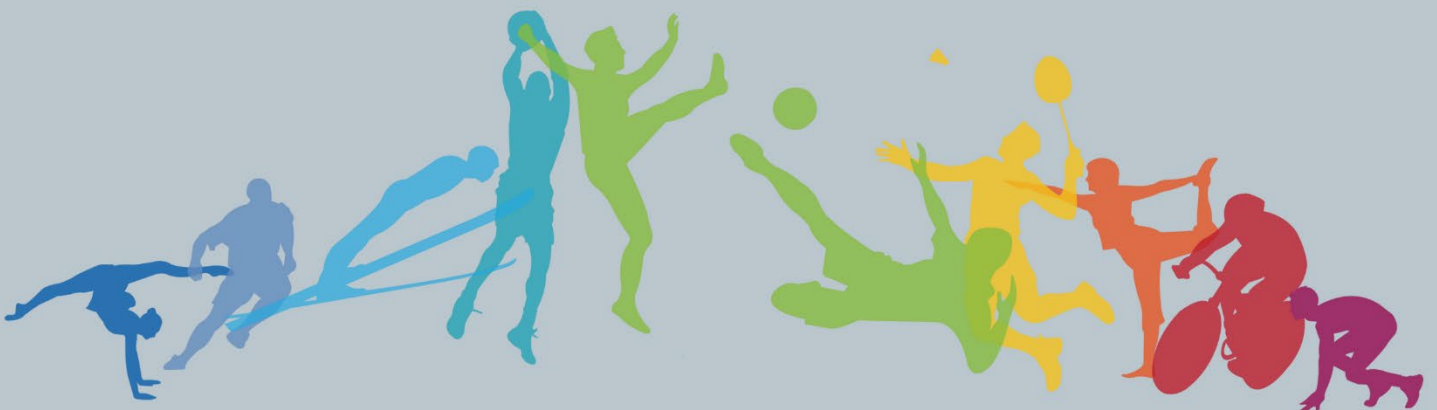
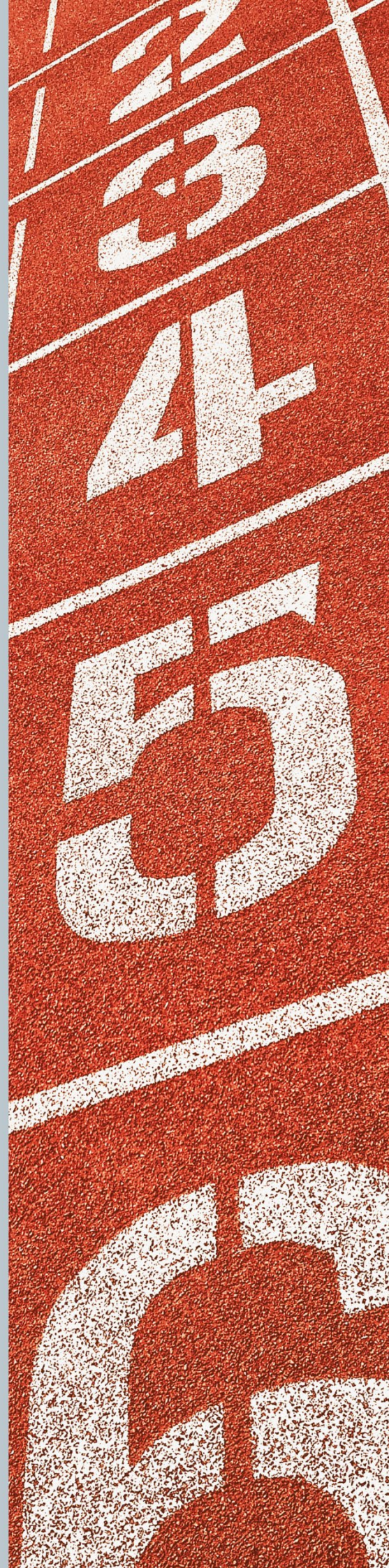


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DEAN'S ADDRESS

The time has come for you to consider a very important step in your life. Choosing what you want to study will impact your future and, in many ways, change your view of the surrounding world, as well as how you view yourself. You are about to set out onto the fascinating path of university life, a path that will sometimes be smooth and sometimes challenge you with trials and difficulties. This path will present you with many shortcuts and moments of delight, but also with hardships and periods of doubt and insecurity. Perhaps the latter, resulting from questioning previous generations, is precisely what will help provide extra energy and faith in your as of yet undiscovered potential.

A new academic year begins in the autumn, signalling the very first step into the academic sphere for many of you. I believe you will come to the Faculty of Sport to pursue and complete your studies, and we will help you to do so, regardless of the circumstances we find ourselves in, both as a society and as individuals.

The teachers and students of the Faculty of Sport (within all three of the programmes we provide: Sports Education, Sports Training, and Kinesiology) take on the requirements of the teaching process productively and responsibly, intending to fulfil our mission of working responsibly with others. Welcome to the Faculty of Sport!

Prof. Damir Karpljuk, PhD



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UNIVERSITY OF LJUBLJANA, FACULTY OF SPORT AN INTRODUCTION

The University of Ljubljana's Faculty of Sport (UL FS) has been a sports hub for over 60 years. Today, the Faculty implements first-cycle academic programmes in **SPORTS EDUCATION**, **KINESIOLOGY**, and **SPORTS TRAINING**. At the second-cycle study level, the Faculty implements study programmes in **SPORTS EDUCATION** and **KINESIOLOGY**, while the third-cycle study level comprises the **KINESIOLOGY** study programme.

The UL Faculty of Sport is one of the leading institutions in educating sports teachers, kinesiologists, and sports trainers, both nationally and internationally. Students study in modern lecture halls, gyms, and laboratories, to gain a wide range of knowledge and competences for a successful career. Education at the UL Faculty of Sport is based on diverse study content intertwined with practical training and scientific research. Higher education teachers and associates of the UL Faculty of Sport are top experts in various fields whose shared mission is to spread awareness of the importance of sport and physical activity for people's health and well-being.

We warmly invite you to view the Faculty by taking a **VIRTUAL TOUR** and learning about some of the **ACTIVITIES** that take place here.





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SPORTS EDUCATION – first-cycle academic study programme

DURATION AND SCOPE: 3 years and 180 ECTS credits

PROFESSIONAL TITLE: DIPLOMANT ŠPORTNE VZGOJE (UN)
or DIPLOMANTKA ŠPORTNE VZGOJE (UN)

OBJECTIVES: Education of experts in implementing sports and movement programmes for children and adolescents, gaining competences for work in various forms of sports for children and adolescents, and acquiring the knowledge needed to pursue second-cycle studies.

COMPETENCES:

- (1) understanding general didactics of the sports education process,
- (2) understanding the field of sports for children and adolescents and school sports;
- (3) understanding special didactics of individual sports;
- (4) understanding of managing and evaluating exercise for children and youth;
- (5) understanding the management of movement and motor skill development;
- (6) understanding the biopsychosocial characteristics of children and adolescents, as well as of children and adolescents with special needs;
- (7) understanding sports' health, physiological, and biomechanical aspects.

EMPLOYMENT OPPORTUNITIES AND OPTIONS FOR FURTHER STUDIES:

Graduates can work in the field of sports within sports associations, educational institutions (for extracurricular activities), businesses, and private organisations in compliance with the applicable Sports Act. Graduates can continue their studies through the master's study programme in Sports Education or, after completing the bridging module, through the master's study programme in Kinesiology.





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KINESIOLOGY – first-cycle academic study programme

DURATION AND SCOPE: 3 years and 180 ECTS credits

PROFESSIONAL TITLE: DIPLOMANT KINEZIOLOGIJE (UN) or
DIPLOMANTKA KINEZIOLOGIJE (UN)

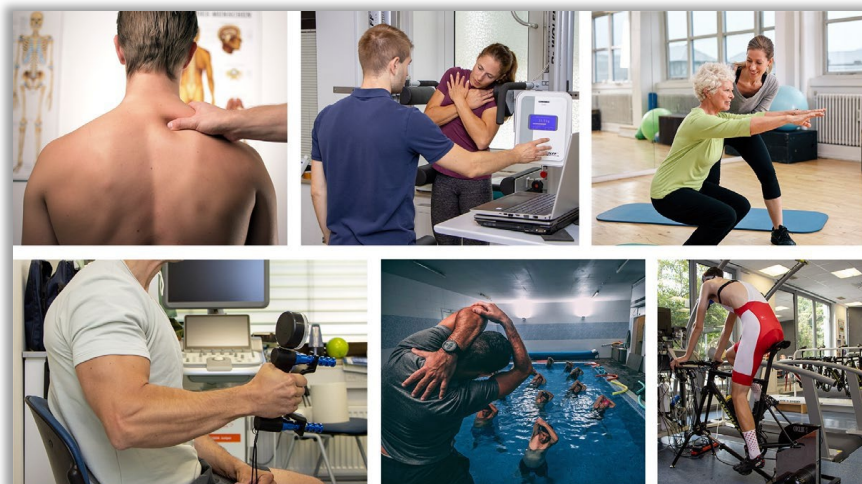
OBJECTIVES: Education of experts in implementing movement programmes whose aim is to improve motor fitness and maintain the health of youth and adults, gaining competences for work in movement activities for youth and adults, and acquiring the knowledge needed to pursue second-cycle studies.

COMPETENCES:

- (1) understanding the medical, physiological, and biomechanical implications of body movement;
- (2) understanding exercise methods and means of maintaining and improving motor capabilities and health within primary prevention efforts against chronic non-communicable diseases and injuries of the musculoskeletal system;
- (3) command of demonstration and didactics of individual movement and sports elements used in physical conditioning;
- (4) work qualification with modern exercise technologies;
- (5) understanding the basics of kinesiological treatment for adults.

EMPLOYMENT OPPORTUNITIES AND OPTIONS FOR FURTHER STUDIES:

Graduates can find employment in sports clubs, associations, and national sports federations, as well as in private organisations and businesses in compliance with the applicable Sports Act (health resorts, rehabilitation centres, etc.). Graduates can continue their studies through the master's study programme in Kinesiology or, after completing the bridging module, through the master's study programme in Sports Education.





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SPORTS TRAINING – first-cycle academic study programme

DURATION AND SCOPE: 3 years and 180 ECTS credits

PROFESSIONAL TITLE: DIPLOMANT ŠPORTNEGA TRENIRANJA (UN) or DIPLOMANTKA ŠPORTNEGA TRENIRANJA (UN)

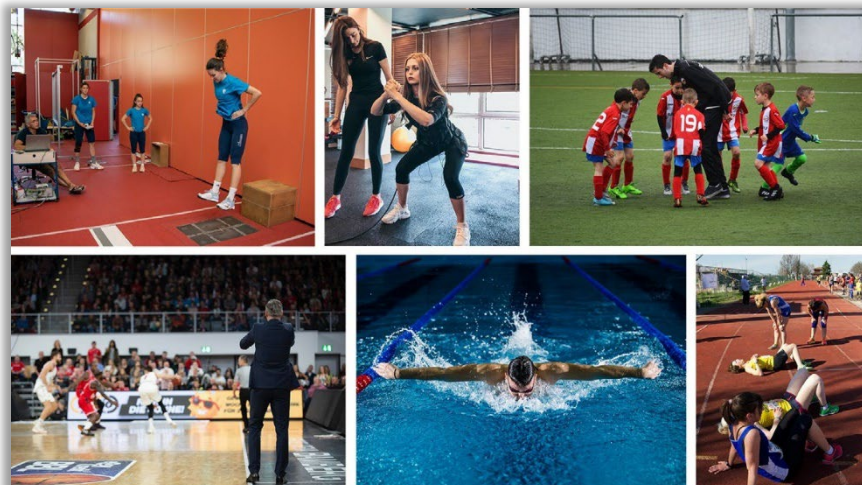
OBJECTIVES: Educating experts in implementing exercise for children, adolescents and adults, focused on quality and top sports, gaining competences for work in various forms of sports for children, adolescents, and adults, and acquiring the knowledge needed to pursue second-cycle studies.

COMPETENCES:

- (1) understanding biopsychosocial characteristics of individual age groups and genders;
- (2) knowledge and understanding of the organisation of quality and top sports;
- (3) understanding the techniques and methodologies of developing sports knowledge and skills;
- (4) understanding exercise methods and means of developing motor abilities that enable the achievement of top sports results;
- (5) mastering appropriate diagnostic procedures in the chosen professional field.

EMPLOYMENT OPPORTUNITIES AND OPTIONS FOR FURTHER STUDIES:

Graduates can find employment in sports clubs, associations and national sports federations (e.g., national sports schools), as well as in private organisations and businesses in compliance with the applicable Sports Act. After completing the bridging module, graduates can continue their studies through the master's study programmes in Sports Education or Kinesiology.





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First-cycle ENROLMENT REQUIREMENTS

Enrolment in the **SPORTS EDUCATION, KINESIOLOGY,** and **SPORTS TRAINING** programmes is open to candidates who have passed the **general matura exam** or candidates who have completed any secondary school programme before 1 June 1995.

All enrolment candidates shall undergo a **TEST OF MOTOR SKILLS AND ABILITIES**. Before the test, all candidates shall submit a medical certificate, while candidates for **SPORTS TRAINING** shall also submit a prior or current sports/training history of the sports discipline for which they are applying.

In the event of an **EXCESSIVE NUMBER OF APPLICATIONS** given the number of places offered, candidates in all programmes will be chosen based on the following:

- performance on the **TEST OF MOTOR SKILLS AND ABILITIES** (40% of points);
- overall **GENERAL MATURA** or **FINAL EXAMINATION** performance (45% of points);
- GPA of the **third and fourth YEARS** (15% of points).





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TESTING MOTOR SKILLS AND ABILITIES for first-cycle enrolment

POLYGON COURSE BACKWARDS

Task: The candidate positions themselves in front of the starting line on all fours, their weight distributed between the palms of their hands and their forefeet. Their back faces the obstacles on the track. The test participants' feet are positioned at the starting line, and their heels may be raised off the ground. The candidate crawls backwards along the entire obstacle course following the start signal. Head-turning is not allowed. The candidate is not permitted to slide their arms on the ground but must instead place their palms on the ground at all times. The candidate climbs over the first obstacle and through the second one, at which point they can continue using the basic movement to the finish line. The direction of movement can only be controlled by looking between their legs during the task. The head is not permitted to be turned to the side. If the frame of the second obstacle collapses as the candidate starts to climb through it with both feet, they can continue the task. However, if the frame collapses before the candidate gets their feet through the frame, the obstacle must be repositioned by the participant, and this part of the task must be repeated. The task is completed when the candidate crosses the finish line with both hands. They can perform the task in sneakers or barefoot. The backwards obstacle course is performed twice.

Evaluation: The starting line is drawn transversely on a smooth surface and a parallel finish line at 10 m from the starting line. At a distance of 3 m from the starting line, the lower part of a vaulting box with the padded cover (total height is 50 cm) is placed across the track of the course. 6 m from the starting line, the box's frame (23 cm wide) is placed across the track, the longer side touching the ground. While the candidate performs the task, an evaluator with a stopwatch monitors their performance. The time measurement is precise to the nearest tenth of a second.



100 M DASH

Task: The 100-meter dash is carried out at the athletics track according to track and field competition rules. A low start using starting blocks is used. The starting commands are: "on your mark", "set", and a starting pistol shot to begin the race. After hearing "on your mark", the candidate must approach the starting line and assume the starting position. In the "on your mark" position, the candidate's hands and feet should not touch the starting line or the ground in front of it. Both hands and at least one knee should be touching the ground, and the runner's feet should be on the starting block. Following the "set" command, the candidate must immediately assume the final starting position while still touching the ground with their hands and feet on the footrests of the starting block. When the referee assumes that everyone is calm and in the "set" position, they fire the starting pistol. The candidate may only run in their own lane. They are



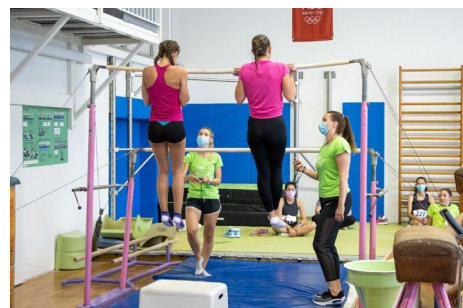


not permitted to obstruct teammates while running. The goal is to cover a distance of 100 m as quickly as possible. The task is completed once.

Evaluation: Time is measured electronically. The measurement is precise to the nearest hundredth of a second.

BENT-ARM HANG (WOMEN)

Task: The candidate transitions their body from a standing position into a bent-arm hanging position with an underhand grip. Their chin should be above the bar. The goal of the task is to stay in the described position. Assuming the bent-arm hanging position can also be achieved with the help of another person if the bar is too high for the candidate to reach. While in the bent-arm hang, the candidate's chin should not be allowed to drop below the bar, they are not to lean on the bar, and their feet should not be allowed to touch the ground. If they do, the test is interrupted. The task is completed when the candidate can no longer persist in the described position. The task is performed once.



Evaluation: Time is measured from the moment the candidate is in the bent-arm hanging position. The candidate's result is the amount of time they persisted in the bent-arm hang. It is expressed in seconds. If the duration of the bent-arm hang is greater than 120 seconds, the task is stopped, and the maximum result (120 s) is recorded.

PULL-UPS (MEN)

Task: The candidate begins the pull-ups from a frontal hanging position using an overhand grip on the bar (arms fully extended). Each pull-up is completed when the chin passes the bar, and the candidate then lower himself to the starting position. The goal is to complete as many correct pull-ups as possible. The body must be held still during the task. Swinging or swaying are not allowed. Leaning the chin on the bar or touching the ground with the feet is not permitted. The task is performed once.



Evaluation: The result is the number of pull-ups performed correctly.

STANDING LONG JUMP

Task: The candidate is placed in front of a marked line representing the take-off point. The take-off must be performed using both feet at the same time. Before take-off, the candidate may stand on their toes but should not perform a preparatory hop before pushing off the ground. The candidate must not step back after landing. The take-off and landing spots must be in the same plane. The task is performed twice.





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Evaluation: A measuring tape is used to measure the perpendicular distance from the line at the take-off point to the back of the foot at the landing spot. The longest jump is taken into account. The result is expressed in centimetres.

100 M SWIM

Task: The 100-meter swim is carried out in a 25 m pool. The candidate starts by jumping off the starting block, or they may start in the water if they do not want to jump. If starting from the starting block, the candidate gets on to the starting block at the referee's long whistle and stays there. On the command "on your mark", the candidate assumes the starting position with at least one foot on the front edge of the starting block. The position of the arms is not important. If candidates start from the water, they assume the starting position on the "on your mark" command. When all candidates are calm, the start signal is sounded. The goal is to swim a distance of 100 m as fast as possible without touching the bottom of the pool or dragging on the lane lines. The candidate may pick the stroke and turn-type of choice. The time achieved is considered regardless of stroke or style used. The candidate may only swim in their own lane. They are not permitted to obstruct their teammates while swimming. The task is completed when, after a distance of 100 m, the candidate touches the pool wall with any part of their body. The task is performed once.



Evaluation: Time is measured electronically. A valid result is a swimming distance of 100 m (4 x 25 m). The result is expressed to the nearest hundredth of a second.

2400 M RUN

Task: The 2400-metre run is held at the athletics track (400 m) according to rules that apply to track and field competitions. The goal is to cover a distance of 2400 m (6 x 400 m) as quickly as possible. The running direction is such that the left arm of the candidate must always be facing the inner edge of the track. Candidates run in groups of up to 20 runners. The start of the run is marked with a white line. For runs with no fixed running track, the starting line is drawn in the shape of an arc so that everyone has to cover the same distance to the finish line. A high starting position is used on the "on your mark" command, and a starting pistol shot is fired to start the race. Candidates can run in any lane they choose. Competitors must not obstruct each other during the run. The task is performed once.



Evaluation: Time is measured electronically. A valid result is a distance of 2400 m. The result is expressed to the nearest tenth of a second.



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ENROLMENT RESTRICTIONS for the study programme in SPORTS EDUCATION

Enrolment restriction for full-time places in the study programme in SPORTS EDUCATION in the past three years

Academic year	Application deadline	No. of places	First-choice applications	Accepted	Enrolment restriction
2019/20	1st	50	141	50	71.44
2020/21	1st	50	104	50	70.27
2021/22	1ST	50	228	50	77.68

Enrolment restriction for part-time study places in the study programme in SPORTS EDUCATION in the past three years

Academic year	Application deadline	No. of places	First-choice applications	Accepted	Enrolment restriction
2019/20	1st	25	2	4	None
	2nd	21	14	14	None
2020/21	1st	25	4	13	None
	2nd	14	14	14	None*
2021/22	1st	25	18	14	None
	2nd	11	20	11	71.29

*Filled with first-choice applications.



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ENROLMENT RESTRICTIONS for the study programme in KINESIOLOGY

Enrolment restriction for full-time places in the study programme KINESIOLOGY in the past three years

Academic year	Application deadline	No. of places	First-choice applications	Accepted	Enrolment restriction
2019/20	1st	30	136	30	80.53
2020/21	1st	30	130	30	85.75
2021/22	1ST	30	196	30	85.38

Enrolment restriction for part-time study places in the study programme KINESIOLOGY in the past three years

Academic year	Application deadline	No. of places	First-choice applications	Accepted	Enrolment restriction
2019/20	1st	25	4	16	None
	2nd	11	19	11	65.13
2020/21	1st	25	12	18	None
	2nd	7	20	7	75.93
2021/22	1st	25	18	11	None
	2nd	14	15	14	64



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ENROLMENT RESTRICTIONS for the study programme in SPORTS TRAINING

Enrolment restriction for full-time places in the study programme SPORTS TRAINING in the past three years

Academic year	Application deadline	No. of places	First-choice applications	Accepted	Enrolment restriction
2019/20	1st	30	102	30	71.42
2020/21	1st	30	111	30	75.56
2021/22	1st	30	194	30	73.84

Enrolment restriction for part-time study places in the study programme SPORTS TRAINING in the past three years

Academic year	Application deadline	No. of places	First-choice applications	Accepted	Enrolment restriction
2019/20	1st	20	4	6	None
	2nd	14	11	7	None
2020/21	1st	20	4	6	None
	2nd	14	16	14	52.13
2021/22	1st	20	18	5	None
	2nd	15	14	11	None



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SPORTS EDUCATION – second-cycle master's study programme

DURATION AND SCOPE: 2 years and 120 ECTS credits

PROFESSIONAL TITLE: MAGISTER PROFESOR ŠPORTNE VZGOJE
or MAGISTRICA PROFESORICA ŠPORTNE VZGOJE

OBJECTIVES: Educating sports education teachers. Gaining knowledge to pursue third-cycle study.

COMPETENCES:

- (1) qualification for the pedagogical leading of a class in the sports education process;
- (2) qualification for cross-curricular connections;
- (3) qualification to test and grade knowledge in sports education and to suggest feedback;
- (4) basic understanding of working with children with special needs (enrolled in regular schools) in sports education;
- (5) identification and guidance of talented athletes;
- (6) methodological qualification for research in the field of teaching (gathering, processing, and interpreting data);
- (7) in-depth knowledge of the principles of selected fields and reflection on one's own understanding of theory and practical experience;
- (8) ability to analyse and plan research in teaching practice in the field of physical and motor development, as well as in the anthropological aspects of children's and youth sports.

EMPLOYMENT OPPORTUNITIES AND OPTIONS FOR FURTHER STUDIES:

Graduates can find employment in primary and secondary schools, teaching compulsory and elective sports-related subjects, and implementing an extended programme at all educational levels. They can also teach sports-related subjects at faculties and other higher education institutions. In accordance with the Sports Act and decision by the Expert Council for Sport, they can work as coaches or organisers of sports programmes in associations, as private sports professionals, or in public institutions active in sports at the local or national levels. Graduates can pursue further studies through the doctoral study programme in Kinesiology.



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KINESIOLOGY – second-cycle master's study programme

DURATION AND SCOPE: 2 years and 120 ECTS credits

PROFESSIONAL TITLE: MAGISTER KINEZIOLOGIJE or
MAGISTRICA KINEZIOLOGIJE

OBJECTIVES: Educating experts in leading sports and condition training of older adults, people with chronic diseases, acute and/or chronic injuries, and persons with special needs or injuries of the musculoskeletal system. Gaining knowledge to pursue third-cycle studies.

COMPETENCES:

- (1) knowledge and understanding of the fundamental biopsychosocial characteristics of older adults, people with chronic diseases, acute and/or chronic injuries, and persons with special needs or injuries of the musculoskeletal system;
- (2) understanding health risks related to exercise for older adults, people with chronic diseases, acute and/or chronic injuries, and persons with special needs or injuries of the musculoskeletal system;
- (3) understanding the organisation of sports and exercise for the groups of people in question;
- (4) ability to plan, organise, and implement an exercise programme for the groups of people in question;
- (5) qualification to use scientific research methods within the wider spectrum of problems, and in new or changed circumstances.

EMPLOYMENT OPPORTUNITIES AND OPTIONS FOR FURTHER STUDIES:

Graduates can find employment at fitness centres, sports associations, hotels; they can participate in expert teams at health centres (health resorts, health promotion centres within community health centres, rehabilitation centres, spas), senior citizen's homes, day care centres and other institutions, in businesses and organisations that include movement and sports activities. Graduates can set up businesses offering sports- and exercise-related services aimed at maintaining health and well-being. They can find employment in professional bodies in the field of sports at the national or municipal levels. Graduates can pursue further studies through the doctoral study programme in Kinesiology.



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ENROLMENT REQUIREMENTS for second-cycle master's study programme in SPORTS EDUCATION

Enrolment in the master's study programme in **SPORTS EDUCATION** is open to anyone who has completed:

1. a minimum of a first-cycle study programme (totalling at least 180 credits) from the professional field of educating sports education teachers, or an equivalent study programme acquired according to the current regulations applicable in the Republic of Slovenia or abroad;
2. a minimum of a first-cycle study programme (totalling at least 180 credits) from other professional fields, or an equivalent study programme acquired in line with the current regulations applicable in the Republic of Slovenia or abroad, provided the study obligations essential to continuing study were completed prior to enrolment. These obligations shall be determined by the UL Senate of the Faculty of Sport based on a proposal of the Academic Affairs Committee, ranging from 10 to a maximum of 60 credits, depending on the differences in the professional fields.

Candidates shall also undergo testing of motor skills and abilities unless they have already undergone a similar test before enrolment to the first-cycle programme. Upon applying, all candidates shall produce an appropriate certificate to attest their knowledge of the Slovenian language (Level B2) against the Common European Framework of Reference for Languages (CEFR).

In the event of an **EXCESSIVE NUMBER OF APPLICATIONS** given the number of places offered, candidates will be chosen based on the following selection criteria:

- **Candidates under Item 1:** Average of all numerically denominated final grades in the first-cycle study programme, without the diploma thesis grade.
- **Candidates under Item 2:** Average of all numerically denominated final grades in the first-cycle study programme, without the diploma thesis grade (50%), and the average of study requirements essential for study continuation, constituting an enrolment condition (50%).





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ENROLMENT REQUIREMENTS for second-cycle master's study programme in KINESIOLOGY

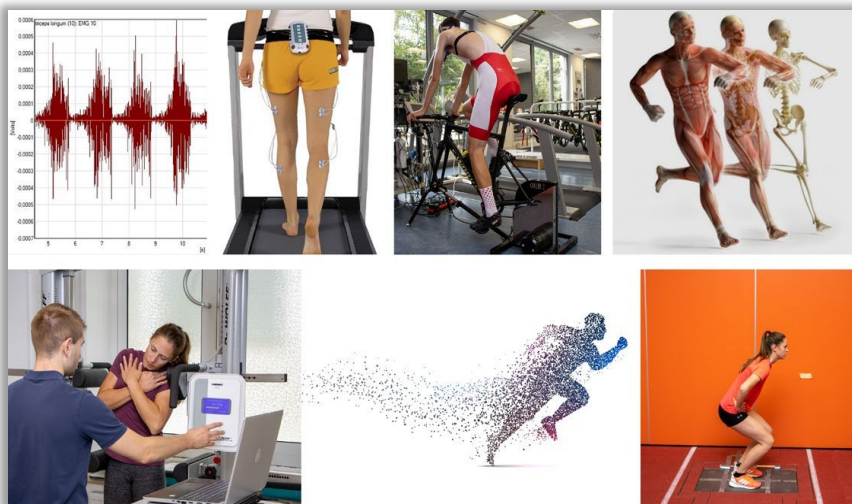
Enrolment in the master's study programme in **KINESIOLOGY** is open to anyone who has completed

1. a minimum of a first-cycle study programme (totalling at least 180 credits) from the professional field of sports, or an equivalent study programme acquired according to the current regulations applicable in the Republic of Slovenia or abroad;
2. a minimum of a first-cycle study programme (totalling at least 180 credits) from other professional fields, or an equivalent study programme acquired in line with the current regulations applicable in the Republic of Slovenia or abroad, provided the study obligations essential to continuing study were completed prior to enrolment. These obligations shall be determined by the UL Senate of the Faculty of Sport based on a proposal of the Academic Affairs Committee, ranging from 10 to a maximum of 60 credits, depending on the differences in the professional fields.

Candidates shall also undergo testing of motor skills and abilities (the 100 m swim and the 2.4 km run) unless they have already undergone a similar test before enrolment to the first-cycle programme. Upon applying, all candidates shall produce an appropriate certificate to attest their knowledge of the Slovenian language (Level B2) against the Common European Framework of Reference for Languages (CEFR).

In the event of an **EXCESSIVE NUMBER OF APPLICATIONS** given the number of places offered, candidates will be chosen based on the following selection criteria:

- **Candidates under Item 1:** Average of all numerically denominated final grades in the first-cycle study programme, without the diploma thesis grade.
- **Candidates under Item 2:** Average of all numerically denominated final grades in the first-cycle study programme, without the diploma thesis grade (50%), and the average of study requirements essential for study continuation, constituting an enrolment condition (50%).





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KINESIOLOGY – third-cycle doctoral study programme

DURATION AND SCOPE: 4 years and 240 ECTS credits

PROFESSIONAL TITLE: DOKTOR or DOKTORICA ZNANOSTI

OBJECTIVES: Educating doctors of science for creative scientific research and development in the field of kinesiology. Furthering the understanding of kinesiology and how it integrates into the broader scientific context. Developing a critical attitude in judging the achievements of others and the results of one's own work.

COMPETENCES:

- (1) ability to perform scientific research and development in the field of kinesiology;
- (2) critical attitude towards the results of one's own work in research and development;
- (3) ability to work in a team of experts from various fields;
- (4) ability to position kinesiology within a wider social context;
- (5) communication skills and the ability to report on the work and results thereof to the global kinesiological science community;
- (6) research project management skills;
- (7) specific competences that depend on the doctoral study syllabus selected.

EMPLOYMENT OPPORTUNITIES:

Doctors of science (Slov: 'doktorji znanosti') can find employment at science research institutes and higher education institutions in Slovenia and abroad.



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ENROLMENT REQUIREMENTS for third-cycle doctoral study programme in KINESIOLOGY

Enrolment in the doctoral study programme in **KINESIOLOGY** is open to graduates of:

- (1) second-cycle study programmes of the UL's Faculty of Sport;
- (2) second-cycle study programmes in other fields, provided a special test is passed. The content and scope of the test shall be determined by the Committee for Scientific, Research and Development Work and Doctoral Studies of the UL's Faculty of Sport. The following shall be taken into account when determining the content and scope of the test: scientific research conducted thus far, published scientific work, additional professional training (formal or informal), etc.;
- (3) study programmes to obtain the title of Master of Science (Slov. 'magisterij znanosti') after completing the academic education in kinesiology. Completed course units totalling 60 ECTS credits shall be recognised for candidates;
- (4) study programme to obtain academic education required for sports education teachers, adopted before 11 June 2004;
- (5) study programme providing education for professions regulated under EU directives, or other integrated master's study programme totalling 300 ECTS credits;
- (6) other Slovenian and foreign universities in line with the conditions mentioned above. The equivalence of previously acquired education abroad shall be determined in a procedure for recognising foreign qualifications to continue studies in accordance with the UL Statutes.





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INSTITUTE OF KINESIOLOGY

Established in 1972, the Institute of Kinesiology is the central scientific research unit of the Faculty of Sport, conducting professional and organisational work in scientific research, implementing doctoral studies, and developing international collaboration within the UL Faculty of Sport. The Institute's activities are carried out through three organisational units: International Cooperation Service, Administrative Office for Doctoral Study, and the Research Group. The Institute is headed by the Vice-dean of Scientific and Research Activities.

The INSTITUTE OF KINESIOLOGY performs the following tasks:

- (1) planning and implementing research programmes, applicative and basic research, target research and developmental projects, as well as international projects;
- (2) managing the quality of national and international scientific research projects;
- (3) employing both young and established researchers, attending to their professional development;
- (4) providing good working conditions for researchers, accessibility to literature, top scientific methodology, and technology;
- (5) planning and carrying out doctoral studies;
- (6) publishing the Science of Gymnastics Journal and Kinesiologia Slovenica scientific journals;
- (7) organising scientific conferences, congresses, symposia, summer schools, and seminars;
- (8) working with Slovenian and international science research institutions;
- (9) preparing draft agreements and arrangements on collaboration with universities and other partners in Slovenia and the international arena.





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INSTITUTE OF SPORT

The Institute of Sport is an organisational unit that performs professional, advisory, and development activities in the field of sport. The Institute (IS) comprises the **Sports Diagnostic Centre (SDC)**, **Centre for Lifelong Learning in Sport (CLLS)**, **Publishing and Sports Centre (SC)**. The SDC conducts measurements for elite and recreational athletes. The experts working within the SDC also monitor the motor development of young people, guiding them to quality sports. The SDC has been working with top Slovenian athletes and coaches for years. Increasing attention is placed on the kinesiological examinations of young people and adults. The functioning of the SDC and the SC is intertwined with the teaching process, allowing students to gain practical experience. This way, they can learn about the methods of monitoring and analysing the top athletes' training all through their educational process.

The SDC comprises:

- (1) Laboratory of biodynamics;
- (2) Laboratory of biomechanics;
- (3) Laboratory for physical and motor development diagnosis;
- (4) Laboratory of physiology;
- (5) Laboratory for motion control;
- (6) Laboratory of kinesiology;
- (7) Laboratory of psychodiagnostics;
- (8) Sports medicine and nutrition laboratory with Center for Exercise and Health.

The CLLS organises and carries out professional training courses, while the Institute of Sport also publishes expert and scientific literature. The SC implements exercise programmes for all age groups.





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STUDY AT THE FACULTY OF SPORT

IF YOU ARE INTERESTED IN:

- being part of a dynamic, creative, and diverse educational process;
- gaining theoretical and practical knowledge;
- helping create a healthy lifestyle,
- being among people and working for their welfare;
- making movement an important part of your work,
- making sports an important part of your life,
- carrying out PROFESSIONS OF THE FUTURE, then

STUDYING at the University of Ljubljana, **FACULTY OF SPORT,**
IS THE PERFECT CHOICE FOR YOU.





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TUTORING

Many students encounter problems upon transitioning from secondary school to university. Student tutors are available to students of lower years at the UL FS to help resolve any study issues. If unable to answer any questions, students can turn to student tutors for help.

Talking to and seeking advice from older colleagues is very helpful to our youngest students during their study path. Students find out who their tutor is in late October, and can join the tutoring team upon completing the academic year. As tutors are constantly in touch with the students, tutor coordinators are chosen within the Faculty of Sport's Student Council, who pass information from students to the Student Council. During the academic year, the UL FS tutoring team comprises 22 promising students whose aim is to improve and ease studying at the UL FS for younger generations.





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ERASMUS+ mobility programmes

Students of the UL FS can spend a semester or two as ERASMUS+ students at one of the partnering universities across Europe. The ERASMUS+ mobility programme enables students to complete parts of their study obligations abroad.

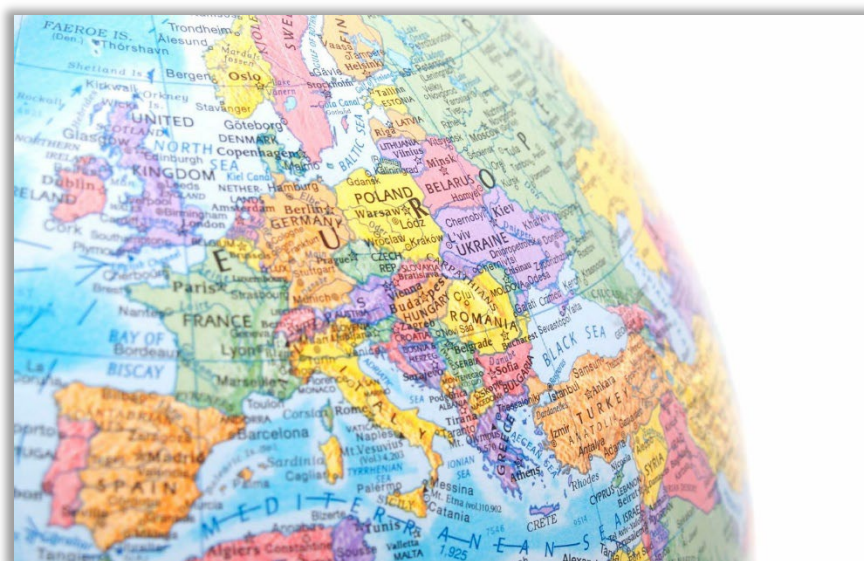
The student exchange can last 3 to 12 months within each study cycle (first, second, or third) and can be implemented at partnering universities with which the UL FS has entered into a bilateral ERASMUS+ agreement. The UL FS students can choose from over 30 partnering institutions in the EU and receive the ERASMUS+ scholarship to fund their student exchange.

The following partnering universities are known as the most popular choices among UL FS students:

- University of Las Palmas de Gran Canaria (Spain),
- Jyväskylä University (Finland),
- Charles University in Prague (the Czech Republic).

The UL FS students can also take advantage of the ERASMUS+ scholarship for a traineeship in European countries (for a minimum of two months).

ERASMUS+ mobility enables students to familiarise themselves with studies in another country as well as to study subjects that are unavailable at the UL FS, while the experience also broadens horizons, is culturally enriching, increases competences, and enhances employment possibilities in Slovenia and abroad.





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STUDENT COUNCIL

The Student Council is the official student body at the Faculty. It comprises at least 9 elected student representatives, whose term lasts for a year or until early termination or study completion. The Student Council represents the opinions and interests of all Faculty students and takes part in Faculty bodies. Its task is to support the interests and ideas of students.

THE UL FS STUDENT COUNCIL functions as the intermediary link between the students, faculty, and management. The Student Council regularly communicates opinions on the functioning of the faculty as it relates to the students' rights and obligations to the Faculty management and competent bodies. It also has an important role in forming and organising educational, cultural, and social events relating to the Faculty and study programmes. Two major events that take place under the auspices of the UL FS Student Council are the Reception of Freshmen at the beginning of the new academic year, and the Faculty of Sport Day, which unfolds at the close of the academic year. Members of the UL FS Student Council are available to future students at presentations of the Faculty in secondary schools, at major events, and information days.

In addition to performing duties at the home faculty, the UL FS Student Council members regularly take part in the UL Student Council and other activities organised within the University of Ljubljana.

They can be reached via e-mail (studentskismet@fsp.uni-lj.si) or through Facebook (<https://www.facebook.com/studentskismetfsp>).





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STUDENT ORGANISATION

From students for students. The Faculty of Sport's **STUDENT ORGANISATION (FSSO)** implements students' leisure and extracurricular activities, and organises cultural, sports, educational, and social events. It also prepares professional workshops and educational courses to obtain additional learning in the field of sports, along with monthly training cycles and many other activities. The Student Organisation works with faculties from numerous other countries. It organises '*Difovijada*', a sports and educational event spanning several days, attended by many students from various countries.

Projects implemented by the **FSSO** also include various themed days, skiing, picnics, student parties, sports competitions and various gatherings such as the Freshman Picnic and the **FACULTY OF SPORT DAY**, a sports-cultural event organised to celebrate and honour our Faculty. The sports portion of the event involves students and employees competing against one another in various disciplines, while the cultural portion sees us bestowing recognition to the most remarkable students of the year. The event concludes with a picnic and a concert.

Members of the FSSO wish to help make the students' experience at the Faculty as best as possible and memorable for years to come.





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UL FS PRESENTATION BROCHURE

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